

# Kiran Hassan

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Mailing Address: *Bismillah Super Store Jhangi Qazian Abbottabad.*

## Personal Profile

ID card 13501-2853175-2  
Domicile Mansehra KPK  
Marital Status Single  
Nationality Pakistani

## Professional Summary

A compassionate and enthusiastic physical therapist dedicated to assisting individuals across all age groups. With strong communication skills, I work empathetically with patients to optimize their rehabilitation outcomes and empower them with a clear understanding of their clinical conditions. My expertise in client handling enables seamless collaboration with multidisciplinary teams to craft personalized treatment plans. As an educator, I employ engaging teaching methods that foster a stimulating learning environment, free from monotony, for students to thrive.

## Education

Degree Name MS (CPPT)  
Institute Riphah International Islamabad  
Year of Completion 2025

Degree Name DPT (Physiotherapist)  
Institute Abbottabad University Pakistan  
Year of Completion 2022

## Teaching Experiences

Ayub Medical Nursing College Abbottabad Lecturer (01 year)  
Hazara University Mansehra Feb 2025 - **Present**

## Clinical Experiences

- ALSC Armed Force institute of Cardiology and national institute of Health Sciences Rawalpindi.
- BLSC Armed Force institute of Cardiology and national institute of Health Sciences Rawalpindi
- DHQ Abbottabad (1 month experience)
- Railway Hospital Rawalpindi (1 month experience)
- CMH Abbottabad. (House job) 06 months)
- Ayub Medical Complex (Internship) 03 Months)
- Al-Noor hospital (1 year experience)

## Skills

- Professionalism
- Communications
- Motivational

- Trainer
- Technical Awareness
- Teamwork
- Client Orientation

### **Workshops**

- Posture Assessment and Spine Mobilization
- Cupping therapy
- Free medical and physiotherapy camp held at "Model public School Usmanabad Abbottabad" on 10th January 2021 Organized by United Society of physiotherapy (USPT)
- International webinar 2020 on Best Treatment for Acute and Chronic Low Back Pain on 22nd June 2020.

### **Projects**

1. Burden on work related musculoskeletal disorders among sugar Industry workers In Khyber Pakhtunkhwa Frequency and Risk Pattern. **(Published on 21<sup>st</sup> Oct 2025)**
2. "Comparison of physiological response to the 6-minute walk test in the young obese population with healthy individuals and its correlation with demographic characteristics." (in progress)
3. Effects of Mackenzie Exercises on Acute Low Back Pain